

# Somerville Community House Inc.

Reg No: A0040276V ABN: 47 673 738 558



# Term 1 Program, 2022

### (03) 5977 8330 or 0438 241 134

## Unlock your Potential Book your place today

Please provide your vaccination evidence & check in on arrival

Annie Sage Community Centre 2/21 Worwong Avenue, Somerville

Note that classes, dates, times and costs are subject to change. Please contact the office to confirm.



Daytime Classes		Evening
Walkers & Talkers From 9.00am Leave from Somerville Recreation Centre FREE	NEW Group Walkers 3 Select a new time Leave from Annie Sage Community Centre Return for a cuppa	Kids Acrylic Painting with Michele 5 yrs—10 yrs 31 Jan –4 April 8 weeks 4.00pm- 5.00pm Provide own materials \$160.00
Community Garden From 8.30am until 11.30am Weather permitting Phone 0438 241 134 All abilities welcome	HATHA YOGA with Sarah Sheffield 31 Jan—4 April 6.00pm - 7.00pm <b>\$15.00 per class</b> Please notify interest Bring own mat	Tween Acrylic Painting with Michele 11yrs—13yrs 31 Jan—4 April 8 weeks 5.15pm—6.15pm Provide own materials \$160.00
Knitters & Hookers Learn to knit or crochet 9.30am - 11.30am Every Monday \$3.50 per session	Cryptic Crosswords with Rhonda Beginners Welcome 17 Jan—4 April 2.00 pm - 4.00 pm \$3.50 per session	Tween Acrylic Painting with Michele Late 11yrs—13yrs 31 Jan—4 April 8 weeks 6.30pm—7.30pm Provide own materials \$160.00
Book Club (Monthly) Share the love of reading 7 Feb, 7 March, 4 April 10.00am - 11.30am \$30.00 per annum		LABOUR DAY Public Holiday Monday 14th March



#### **Daytime Classes**

Walking for Fitness From 9.00am –10.00am

Around Somerville Leave from Annie Sage Community Centre return for a cuppa FREE



#### Evening

Kids Acrylic Art With Michele 1 Feb—5 April 9 weeks \$180.00 Provide own materials TBC

First Time Parent's Group (Weekly) 9.30am - 11.00am Contact the Mornington Peninsula Shire for bookings 5950 1099 NEW PROGRAM Breakfast Club After returning from a walk around Somerville

Breakfast is available for a gold coin donation.

**NEW CLASS** 

#### RETURNING

Supported Playgroup Contact MPS for bookings Phone 5950 1099

> 12.30—2.30pm No walk-ins sorry

Literature Lovers 2nd Tuesday Monthly 11 Jan, 8 Feb, 8 March & 5 April 2.15pm - 3.30pm Meet with other book enthusiasts Vivienne's Mindful Meditation Group 11.00 am—12.00 pm 1 Feb –5 April 10 weeks \$12.00 per session

Mindfulness meditation means focusing on being in the moment, no matter what you are doing Tween Acrylic Art With Michele 1 Feb—5 April 9 weeks \$180.00 Provide own materials

Tween Acrylic Art Late With Michele 1 Feb—5 April 9 weeks \$180.00 Provide own materials TBC





### **Daytime Classes**

### Evening

Walkers & Talkers Weekly From 9.00 am sharp Leave from Somerville Recreation Centre Sign in at reception FREE	NEW Group Walkers 3 Select a new time Leave from Annie Sage Community Centre Return to share a cuppa	Art Classes
Community Garden From 9.00 am \$35.00 per annum * <u>Note</u> : Days & Times Are subject to change NEW MEMBERS WELCOME Learn to plant & grow vegies, herbs & flowers	Adult Drawing & Art Community Group 2 Feb—6 April 10.00 am - 12.00am Bring your project & join in the fun \$3.50 per class ALL WELCOME	Rotary Weekly Meetings 6.00 pm - 9.00 pm NEW MEMBERS WELCOME Please contact Dick Cox — 0437 793 162
Somerville Stitchers Meet Weekly 9.30 am - 12.30 pm 2 Feb—6 April Sewing & patchwork for yourself or various charities \$3.50 per session	Social Sewing & Craft 1.00 pm - 4.00 pm 2 Feb—6 April **We encourage a variety of crafts** NEW MEMBERS WELCOME \$3.50 per session	Sewing Social!
Music Melodies 9 Feb (Tentative) Visit Community House to enjoy a cuppa while listening to local musicians share their love of music 11.30am—1.00pm Gold coin donation		BOOK SWAP Swap, take or give a book or two for FREE Fiction/Non-Fiction Children & Adult Books



Daytime Classes		Evening
Walking for Fitness From 9.00am –10.00am Around Somerville All Year Round Leave from Annie Sage & return for a cuppa FREE		Expressions of Interest Social Dancing Do you like Rock n Roll, Ballroom or Street Latin dancing Let us know your best time & day, We will arrange the rest
Hatha Yoga Qualified Instructor Sarah Sheffield Weekly 3 Feb—7 April 11.30am - 12.30pm \$15.00 per session Bring a mat	Teen Art & Craft With Kristy Fortnightly From 1.00—3.00pm 3 Feb—7 April \$3.50 per session Bookings Essential	Bushwalking Group Contact 5977 8330 for details of our next walk Leave from Community House at 9.00 am CAR POOLING AVAILABLE
Tai Chi Qualified Instructor Noriko Tanaka Tai Chi Classes Thursday—All Levels 1.30 pm—2.30 pm 3 Feb—7 April \$15.00 per session		
Advanced Cryptic Crosswords 20 Jan—7 April 2.30pm - 4.30pm \$3.50 per session		SOMERVILLE COMMUNITY HOUSE IS A COVID-19 SAFE CENTRE **PLEASE SIGN IN** Sanitise your hands Maintain 1.5 metre distance



Daytim	e Classes	Evening
Walkers & Talkers From 9.00 am sharp Leave from Somerville Recreation Centre Register at Reception FREE	Knitting & Crocheting Weekly 10.00 am - 12.00 pm Knit/Crochet for a number of charities \$3.50 per session	Somerville Community House
Community Garden From 9.00am *Days & times are subject to change Contact: (03) 5977 8330	TUTOR NEEDED Ukulele Classes To teach beginners 1.00pm - 3.00pm On Fridays Phone Kim 0438 241 134 Days or time flexible	
NEW Group Walking for Fitness Pick the new time Leave from Annie Sage Community Centre Return for a cuppa		

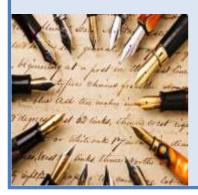


New Members Welcome Men's Social Group

2.00pm - 4.00pm Meet here for a cuppa to chat, play cards or board games



#### The Mornington Peninsula Writers Every second Saturday of the Month



From 10.00am - 1.00pm \$3.50 per session We cover a range of literary genres & pursuits from memoirs, published works & everything in between. All skills are welcome!



Cost \$10.00 (Includes afternoon tea) An afternoon of pure musical joy with the crew.



BOOKINGS ESSENTIAL: 0438 241 134

VENUE: Annie Sage Community Centre, 2/21 Worwong Avenue, Somerville INSTRUMENTS WELCOME INCLUDE: 5 string banjo, fiddle, guitar, mandolin, guitar,

ukulele, or/& tambourine and lots of singing & laughs.



#### **PHOTOGRAPY CLASS**

A monthly photography class for those that love to take pictures, learn from others and are happy to share.

Date and Time to be confirmed (Feb?)

Phone 0438 241 134



#### FLOWER FUN—Monthly Workshops

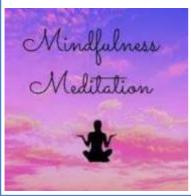


The very talented and experienced Rosie is offering to teach you the basic elements, principles and techniques of floral arranging so that you will have the confidence to create an arrangement for your home or give as a gift.

Only \$10 a session Friday 10am—12.00 noon 11th February

Bookings Essential 0438 241 134

#### **MEDITATION & MINDFULNESS CLASS**



Join Vivienne (NLP practitioner) learn about mindfulness & meditation practise with a small group Bookings Essential \$12 per session Weekly Tuesday 11.00am—12.00pm Start date to be confirmed

### \*\*POWER SAVING BONUS \$250\*\*

Call us today to book a time for Vivienne to help you apply for the Power Saving Bonus.

#### Bring with you:

- An Electricity bill
- A Current Concession Card

**ELIGIBILITY** requires YOUR residential electricity account to be in your name, **be receiving a payment from either**: *Centrelink, DVA, Jobseeker, Youth Allowance, Austudy or Abstudy or be a DVA Gold Card holder.* 

#### Book your appointment today by phoning 0438 241 134

## **REGISTRATION & ENROLMENT**

Please enrol as soon as you are able or at least 1 week prior to when the class commences. Note: Our tutor classes require a minimum number to commence.

#### <u>REGISTER</u> WITH THE SOMERVILLE COMMUNITY HOUSE (please contact the office if you change any of your personal details

- Complete the online form on our website or have one emailed to you.
- Give us a call in the office 5977 8330 or 0438 241 134 from Monday to Friday 9.00 am-4.30 pm and we can complete this over the phone for you.
- W: www.somervillecommunityhouse.com.au
- E: info@somervillecommunityhouse.com.au
- F: <u>www.facebook.com/SomervilleCommunityHouse</u>

#### Subscribe to our regular MAILCHIMP newsletter by emailing us

## **ROOMS FOR HIRE**

- Multipurpose Room
- Modern Consulting Room
- Modern Kitchen and Café Area
- Competitive Rates
- Prices available on Application

## VOLUNTEERS NEEDED

We are always looking for volunteer/s who would be interested in looking after our social media platforms for a few hours per week.

Or any volunteers who would be happy to keep our Community House clean.

Times & Days & Hours are flexible so if this would suit you contact Kim on 0438 241 134

## DONATIONS WELCOME

Our knitting, sewing and craft enthusiasts make a variety of items for many charities both locally and nationally. They welcome a variety of craft items such as;

> Yarns—Acrylic, Wool, Cotton, Soya, etc Materials, Wadding, Toy Filling



Lyn (Stitchers) giving 30 homemade material bags to Elizabeth from Pregnancy Assist Frankston

#### **\*\*ONE BILLION STARS INITIATIVE\*\***

Somerville Community House in collaboration with the Community Houses Mornington Peninsula is raising awareness to end all forms of violence.

Every time a person weaves a star, a small but active stance is taken. So come along and be a part of the "star weaving" community All materials are to be provided.



YOU are helping to create a more accepting and safe world for everyone.

WEBSITE: https://onebillionstars.net/about/

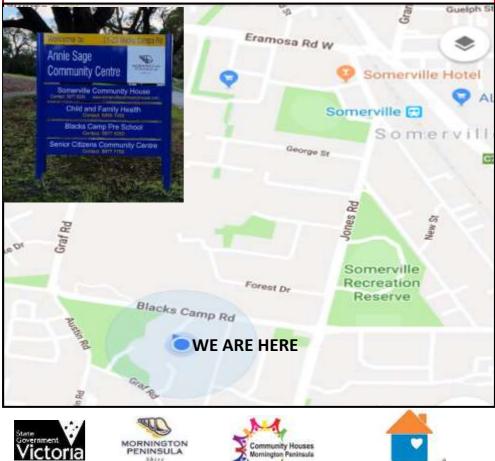


Visit us at ...

The Annie Sage Community Centre 2/21 Worwong Avenue (Blacks Camp Road) PO Box 579 Somerville Vic 3912 Phone: 5977 8330 Mobile: 0438 241 134

FREE PARKING available on site FREE WIFI & Disability Access

Find us on Facebook at Somerville Community House Visit our website at: www.somervillecommunityhouse.com.au



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